

the



**Lewisburg YMCA**  
**SilverSneakers**

*Effective September 21<sup>st</sup>*

**Mondays**

**9:00 AM - Court 2  
SilverSneakers® Classic**

**Tuesdays**

**9:00AM - Court 2  
SilverSneakers® Circuit**

**Wednesdays**

**9:00AM - Court 2  
SilverSneakers® Circuit**

**Fridays**

**9:00AM - Court 2  
SilverSneakers® Classic**

- MEMBERS MUST REGISTER FOR CLASSES—SEE BACK SIDE OF SCHEDULE FOR DETAILS
- DO NOT ARRIVE MORE THAN 10 MINUTES PRIOR TO SCHEDULED CLASS TIME