

FACE MASKS ARE REQUIRED INSIDE THE Y



MY MASK PROTECTS YOU.
YOUR MASK PROTECTS ME.

Please review the following information regarding mask usage at the Lewisburg YMCA at the Miller Center:

With the newly issued order from the Pennsylvania Department of Health on July 1, 2020 requiring face coverings, we are amending our safety protocols regarding masks. Please note the guidelines below are subject to change.

Mask Protocol While Inside any Y Facility:

- All members must wear a mask upon entering the facility
- Masks are to remain on throughout facility usage and especially within common areas such as the fitness center, group exercise and cycling rooms, locker rooms, hallways, etc.
- Masks may be removed when exercising on a piece of equipment, but only if the member can do so while socially distant.
- For example: If one member is "spotting" another member while weightlifting, both members must be wearing masks.
- Masks may be removed while participating in group exercise and cycling classes.
- Masks must be worn when entering and exiting the room and while setting up equipment.

Your workout routine may now look like this:

- Enter the Y, wearing a mask
- Clean piece of equipment before use, use spray bottles provided
- Remove mask (if socially distant)
- Complete exercise
- Place mask back on
- Clean piece of equipment after use
- Move to next piece of equipment, while wearing mask

Mask Protocol While Outside the Facility:

- Masks are not required to be worn when outside the facility and socially distant.

Exceptions to the Face Covering Requirement:

- Individuals who cannot wear a mask due to a medical condition, including those with respiratory issues that impede breathing, mental health condition, or disability
- Individuals for whom wearing a mask while working would create an unsafe condition in which to operate equipment or execute a task as determined by local, state or federal regulators or workplace safety guidelines
- Individuals who would be unable to physically remove a mask without assistance
- Individuals who are under 2 years of age
- Individuals who are communicating or seeking to communicate with someone who is hearing-impaired or has another disability, where the ability to see the mouth is essential for communication

There are no changes to childcare mask wearing protocols at this time.

All staff will continue to wear masks.

We need to continually adapt to this constantly changing environment and will reevaluate procedures and safety protocols to follow state mandates, state and local health departments, the CDC, and other best practices. Member, staff and volunteer safety continue to remain a top priority.

Thank you for your adherence to our protocols as well as your care and consideration for those in our facility.

Last updated July 6, 2020