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*Call 570-556-4191 to register  
or for more information*

*Effective November 9<sup>th</sup>*

**Mondays**

**9:00 AM - Court 2  
SilverSneakers® Classic**

**Wednesdays**

**9:00AM - Court 2  
SilverSneakers® Circuit**

**Thursdays**

**9:00AM - Court 2  
SilverSneakers® Circuit**

**Fridays**

**9:00AM - Court 2  
SilverSneakers® Classic**

**Lewisburg YMCA  
SilverSneakers**

- MEMBERS MUST REGISTER FOR CLASSES
- DO NOT ARRIVE MORE THAN 10 MINUTES PRIOR TO SCHEDULED CLASS TIME
- BRING YOUR OWN WATER, TOWEL AND MASK