

Lewisburg YMCA

SilverSneakers

the



SilverSneakers® Schedule

Effective February 8th

Mondays

9:00 AM - Court 2
SilverSneakers® Classic

Wednesdays

9:00AM - Court 2
SilverSneakers® Circuit

Fridays

9:00AM - Court 2
SilverSneakers® Classic

*Call 570-556-4191 to register
or for more information*