

breakfast menu

SERVED 7:00-10:30 AM

Breakfast Bagel 5.25

Plain bagel served with Egg, Cheese, and your choice of Ham, Sausage, or Bacon

Mega Muffin 5.75

Over-Sized English Muffin stuffed with Eggs, Cheese, Ham, Sausage, and Bacon in an Omelet

Kitchen Sink 5.75

Combination of Eggs, Potatoes, Cheese, Bacon, Sausage, and Ham served up in a wrap

Garden Omelet 6.55

Scrambled eggs and cheese made into an omelet with all of the garden veggies: peppers, onion, mushroom, spinach, tomatoes, served with toast

Protein Breakfast Bowl 5.75

Acai Bowl 6.50

Oatmeal 4.00

Toast (Plain or Avocado) 1.50 / 2.50

Large English Muffin 1.95

Bagel 1.95

Bagel w/ Cream Cheese 2.95

deli sandwiches

SUBS CAN BE MADE INTO GRINDERS

Ham & Cheese Sub 7.50

Turkey & Cheese Sub 7.50

Italian Sub 7.50

Meatball & Cheese Sub 7.95

Chicken Quesadilla 7.25

Buffalo Chicken Quesadilla 7.25

Cheese Quesadilla 7.15

Steak Quesadilla 7.25

Cheeseburger 6.25

Bacon Cheeseburger 6.95

Green Dragon 6.95

Grilled Chicken Breast topped with Provolone Cheese, Spinach Dip, Lettuce, and Tomato

Rail & Trail Burger 7.25

Cheeseburger, Bacon, Lettuce, Tomato, Mayo, and Onion

melts

Cowboy Melt

Burger on Grilled Cheese w/ Sauteed Onions, Bacon, and BBQ Sauce

7.50

Chicken Pesto Melt

Chicken Breast on Grilled Cheese w/ Provolone Cheese, Lettuce, Tomato, Bacon and Pesto Sauce

7.50

Patty Melt

Burger on Grilled Cheese on Rye w/ Thousand Island Dressing and Sauteed Onions

7.50

Club Melt

Ham or Turkey on Grilled Cheese w/ Mayo, Lettuce, Tomato and Bacon

7.50

home made mac & cheese

Cup 3.95 **Bowl** 5.95

soup

Cup 3.75 **Bowl** 4.50

pizza

7"

Cheese 5.95

Pepperoni 6.95

Hoagie 7.50

Meat Lovers 7.50

Buffalo Chicken 7.50

salads

Garden Salad 5.95

Caesar Salad 6.95

Add Chicken - \$2.00

Grilled Chicken Salad 8.95

Chef Salad 7.95

Sub Salad 7.95

Your choice of Ham, Turkey, or Italian

from the smoker

Pulled Pork Sandwich 8.50

Pulled Pork Sundae 8.95

Mac and Cheese topped w/ Pulled Pork, Cheese Sauce, Bacon Bits, BBQ Sauce, and a Cherry

Nacho Supreme 8.95

Tortilla Chips topped w/ Pulled Pork, Cheese Sauce, Bacon Bits and BBQ Sauce

dressings

Balsamic

Vinaigrette,

Ranch, Italian,

Catalina, Blue

Cheese, Vidalia

Onion, Thousand

Island

drinks

Coffee 1.95

Hot Tea 1.95

Iced Tea - sweet 2.50

or unsweet

Soda 2.25

Water 1.00

Hot Chocolate 1.95

*Ask us about our Specialty Drinks & Gluten Free Products